Drug and Alcohol Service - Bromley

- London Road
- Norton House
- Get involved



Coronavirus info

The way you get support from us might be different for a while, but we are still here. If you're worried about something, please get in touch.

You can call us on 020 8289 1999 or give your worker a ring.

Updates to the service:

- Our Norton House hub is closed for now.
- Our London Road hub is still open 10:00 16:00 weekdays. Give us a call first and we'll let you know how we can help.
- If you have questions about your prescriptions take a look at our **prescription information page**.
- For now, we are doing all appointments over the phone.
- Needle exchange and naloxone are available at the London Road hub. You
 can also have it delivered to you for free. Get in touch to find out more.

Get help and support right now

Help in a crisis

If it's an emergency or you don't think you can keep yourself safe, please call 999 or go to A&E.

If you need urgent help but you don't want or need to go to A&E, here are some options:

- Call the Samaritans on 116 123 (free, open 24/7).
- If you or someone you know needs urgent care but it's not life-threatening, call 111.
- Visit the **NHS** website and find crisis support services near you. Services in Scotland.
- If you already have a Crisis Line number, give them a call.
- Contact your GP surgery and ask for an emergency appointment.
- Find **helpline numbers** for Alcoholics Anonymous, Narcotics Anonymous and Cocaine Anonymous.

Drugs and alcohol support

• Narcotics Anonymous

Support for anyone with an addiction to drugs. Helpline open 10am - midnight every day. Call 0300 999 1212.

• Cocaine Anonymous

Support for anyone struggling with a cocaine problem. Helpline open 10am - 10pm every day. Call 0800 612 0225.

• Alcoholics Anonymous

Support for anyone with an addiction to alcohol. Helpline open 10am - 10pm every day. Call 0800 917 7650.

• Drugfam

Support for families, friends and partners affected by someone else's addiction to drugs or alcohol. Open 9am to 9pm, every day. Call 0300 888 3853.